

Opus Healthcare Literary Review

October 2008

No	Title	Publication
1	Employing nurse specialists saves the NHS money.	Nursing Times
2	New colon cancer screening guidelines	The Lancet
3	Investigating lower back pain in people with a stoma	Gastrointestinal Nursing
4	A guide to caring for patients with a newly formed stoma in the acute hospital setting	Gastrointestinal Nursing
5	Colostomy cancers	Gastrointestinal Nursing

1 Employing specialist nurses saves the NHS money
Nursing Times. Vol 104. Issue 41. Page 6. 14 October 08

A number of trusts have been criticised for redeploying specialist nurses to general wards. However, research shows that contrary to commonly held opinion specialist nurse posts save the NHS money in the longer term.

2 New colon cancer screening guidelines
The Lancet. Vol 372. Page 1358. 18 October 08

The US Preventative Services Task Force has recommended that routine screening for colon cancer stops at 75 years.

3 Investigating low back pain in people with a stoma
GI Nursing. Vol 6. Issue 8. Page 10. 8 October

This article discusses the incidence of low back pain in people after stoma surgery and the lack of information and research on the subject, leading to questions about how to manage these patients.

4 A Guide to caring for patients with newly formed stoma in the acute hospital setting
GI Nursing. Vol 6. Issue 8. Page 14. 8 October

This article outlines the fundamental aspects of stoma care required by individuals undergoing surgery requiring stoma formation. Providing an overview of post-operative care, emotional support and on-going support after discharge.

5 Colostomy cancers: a report on two cases.
GI Nursing. Vol 6. Issue 8. Page 24. 8 October

Carinomas on ileostomies have been reported in patients who have undergone colectomy for ulcerative colitis, familial adenomatous polyposis and Crohn's disease. Colostomy carcinomas are relatively rare, with only ten cases reported worldwide. This article describes two cases and highlights the challenges faced. In both cases the presentation as to a nurse-led clinic.